

# HANUMAN CHAALISA

*Shree Guru charan saroj raj, nij man mukur sudhaar. Baranau Raghubar vimal yash,  
Jo daayak phal chaar.*

*Buddhi heena tanu jaanike Sumirau pavana kumaar Bala buddhi vidyaa dehu mohi  
Harahu kalesa vikaar*

Jai Hanumaan gyaan gun saagar  
Jaya kapisha tihun lok ujaagar –1

Laaya sajiwan Lakhan jiyaaye  
Shree Raghuveer harashi ura laaye-11

Raam duta atulit bal dhaamaa  
Anjani putra pawan suta naamaa-2

Raghupati keenhee bahut badaai  
Tum mam priya Bharat sam bhairi –12

Mahaaveer vikram bajrangee  
Kumati niwaar sumati ke sangee, -3

Sahas badan tumharo yash gaanve  
Asa kahi Shree pati kanttha laganve-13

Kanchan baran viraaj suveshaa  
Kaanan kundal kunchit keshaa –4

Sankaadik Brahmaadi muneeshaa  
Naarad Saarad sahit aheeshaa-14

Haath vajra aru dhvajaa viraaje  
Kaandhe moonj janeu saaje –5

Yam Kuber Kikpaal jahaan te  
Kavi kovid kahi sake kanhaan te –15

Shankar suwan keshari nandan  
Tej prataap mahaa jag vandan –6

Tum upakaar Sugreevahi keenhaa  
Raam milaaya raaj pad deenhaa-16

Vidyaavaan guni ati chaatur  
Raam kaaj karibe ko aatur –7

Tunharo mantra Vibheeshan maanaa  
Lankeshwar bhaye sab jag jaanaa-17

Prabhu charitra sunibe ko rasiyaa  
Raam Lakhan Seetaa man basiyaa –8

Yug sahasra yojan par bhaanu  
Leelyo taahi madhur phal jaanu-18

Sukshma rupa dhari Siyahi dikhaavaa  
Vikat rup dhari Lank jaraavaa –9

Prabhu mudrikaa meli mukh maahee  
Faladhi laanghi gaye acharaj naahee-19

Bheem rupa dhari asura sanghaare  
Raam chandra ke kaaj sanvaare –10

Durgam kaaj jagat ke jete  
Suham anugrah tumhare tete-20

Raam duaare tumh rakhawaare  
Hota ne agyaa bin paisaare-21

Sab sukh lahe tunhaaree sharanaa  
Tum rakshak kaahu ko daranaa-22

Aapan tej sambhaaro aape  
Teeno lok haank te kaape-23

Bhoota pishaach nikat nahi aave  
Mahaaveer jab naam sunaave-24

Nashe rog hare sab peeraa  
Japat nirantar Hanumat bal beeraa-25

Sankat se Hanumaan chhudaave  
Mana kram bachan dhyaan jo laave-26

Sab par Raam tapaswi raajaa  
Tinhke kaaj sakal tumha saajaa-27

Aur manorath jo koi laave  
Soyi amit jeevan phal paave-28

Charo yug partaap tumhaaraa  
Hai parsiddha jagat ujiyaaraa-29

Saadhu sant ke tumha rakhwaare  
Asur nikandan Raam dulaare-30

Ashta siddhi nave nidhi ke daataa  
Asa bar deenha Jaanakee maataa-31

Raam rasaayan tunhre paasaa  
Sadda raho Raghupati ke daasaa-32

Tumhare bhajan Raam ko bhaave  
Janam janam ke dukh bisaraave-33

Anta kaal Raghubar pura jaai  
Janhaa janam hari bhakta kahaai-34

Aur devataa chit na dharai  
Hanumat seyi sarva sukh karai-35

Sankat kate hare sab peeraa  
Jo sumire Hanumat bal beeraa-36

Jai jai jai Hanumaan gosaanyee  
Kripaa karahu Gurudeva kee naayee-37

Ye shat baar paatth kar joi  
Chhootahi bandi mahaa sukh hoi-38

Jo yah padhe Hanumaan Chaaleesaa  
Hoya siddhi saakhee Gaureeshaa –39

Tulasee daas sadaa hari cheraa  
Keeje naath hridaya mah deraa –40

*“Pawan tanaya sankat haran, Mangal moorati roop. Raam Lakhan Seetaa sabit bridaya basahu sur bhoop.*

*Yogashakti namat Hari Hanumaan Bhava bhaya bhanjan priya Hanumaan*

*Karahu kripaa sab jeevanha par Harahu agha agyaan ravi sama nikar.*

*Siyaa pati Raam chandra kee jai Pawan suta Hanumaan kee jai*

*Raamaayan Mangal bhawan amangal haaree Dravahu so Dasbrath ajir vihaaree*

*Raam naam binu giraa na sobaa Dekhu vichaari tyaagi mada mobaa*