

# OUR DAILY PRAYERS

**O** God! May Your Hand lead me  
from the unreal to the real;  
from darkness to Light;  
from death to immortality.



May all be happy. May all be peaceful.  
May all be enlightened and cultured.

May all attain perfection.

May Peace be established in the three bodies of man.

May Peace be established in the three worlds.

May Peace be established **EVERYWHERE**.

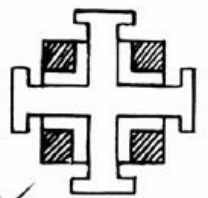
May Truth be our Religion.

May Service be our Worship.

May World be our Family.

May Knowledge be our Breath.

May Yoga be our Way.



May our eyes see happy and noble things

May our ears hear happy and truthful words.

May our tongues be sweet and truthful.

May our bodies be Divine instruments.



May noble thoughts come to us from all corners of the world.

May we never leave God. May God never leave us.



Om, Peace & Love • Om, Peace & Health •

Om, Peace & Enlightenment!