

# YOGASHAKTI MISSION INC.

3895 Hield Road NW. Palm Bay Fl 32907 (321)-725-4024

**Truth is Our Religion · Service is Our Worship · Knowledge is Our Breath · World is our Family · Yoga is our Way**

**Ma Yoga Shakti International Mission (MYSIM)**

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You can look us up on the web at:

**[www.yogashakti.org](http://www.yogashakti.org)**

**Email us at:**

**[Yogashaktipalmbay@gmail.com](mailto:Yogashaktipalmbay@gmail.com)**



**or Call: 321-725-4024**

**World is our Family**



## We Are All One Family

The Planet of Earth is ONE. All lives are born in the same way, yet we all are different. So many languages set us apart. The land or earth is the same but humans divide it and make it their own country. What God has made is for all people and lives that exist anywhere upon the earth.

To me Differences are beauty. Without having differences we will not know ourselves. Differences make us learn, enjoy and change or improve. The ultimate TRUTH is WE ARE ALL ONE FAMILY... but we all have different capacities.

God created all of us to live, create, enjoy and finally wind up our lives. So we should always make best use of our time.

I would like the whole world to unite. My spiritual mission is to unite people. Make friends. Learn to live together. Learn to enjoy together. Learn to share.

People have to make some resolves that will bring happiness to this earth and to mortal beings.

We are all living on this planet and I would say we should all expand our consciousness. I don't wish for just myself to be happy. My mission is for all people to be happy.

Sarve Bhavantu Sukinaha, Sarve Santu Niramayaha. Sarve Bhadrani Pashyantu Ma Kashchid dukkh mapnuyat.

May all be happy, may all be free from disease. May all experience bliss. May none be unhappy.

Sarva Mangala Mangalye Shive Sarvaartha Saadhike. Sharanye Tryambake Gauri Naarayani Namostute.

This prayer "Sarva Mangal Mangalye" is for the welfare and well-being of all people and all living beings. No-one is left out. We meditate on ALL people, not just self or family. Whatever good thoughts we generate will uplift and help the whole world. When we have faith our mind is stronger. Our emotions and thoughts become powerful and can travel far.

We have to be careful because what we do affects the whole Universe. First it affects us. Any evil thought first hurts the person thinking it. Bad things become popular very quickly. We pay more attention to evils, fears and negativity. We cannot change the eternal ways of the world and we should prepare ourselves to accept it. What little we do is not insignificant. What little actions we do anywhere in the world are going to affect the whole world. We must generate good thoughts.

The source of all auspiciousness can be named Divine Mother, Energy, Durga. She is named as Mangalye. She pours Mangal – blessings and all good things on all people of the world.

War is nothing else except war of words...war of ego...war of demand and supply. We have created these things. We want to have war to promote the economy or to have a name in history.

We may call it East or West, but actually man is man, life is life. You may speak a different language but basic human emotions are the same. Love, hate, anger, jealousy, hunger and thirst are the same in all human beings. Can you say that your hunger has a different language from mine? There are no differences in the minds of those who rise above these things. In the kingdom of the Lord, everybody is God's child whether Hindu, Muslim or Christian.

O God! Please bless Each and Everyone!

Excepts from talks by Ma Yogashakti



# Ashram Programs

Ma Yoga Shakti, Mataji, opened the Yoga Shakti Mission in Palm Bay, FL on 20 acres of beautiful woods in 1978. All are welcome to all programs and classes.

**Aarti Daily 6:30AM and 6:30PM ALL ARE WELCOME!**

Full Moon Puja-Satya Narayan Katha  
5pm on April 2nd, May 1st and 31st, June 29th  
Bring fruit, flowers and a pure heart.



Ramayan Chanting 5pm second Friday of every month

**YOGA CLASS SCHEDULE**  
**Donation: \$10.00 per class or \$50 per month**  
**Monday 7-8pm** ----- Annapurna --- classic asanas  
**Tuesday 10-11am** ---Gajendra ---- gentle classic hatha  
**Tuesday 7-8pm** - Natalia Goryachenkova - vinyas flow  
**Wednesday 7-8pm** - Lisa Campbell - yin yoga  
**Thursday 7-8pm** - Sensei Margarite - fusion yoga  
**Friday 9:30-10:30am** - Audrey DaCosta - Chair Yoga  
**Saturday 9-10am** --- Lisa Jackson ---- Beginners hatha  
**Saturday 10-11am** - Rakesh Banothu ----- Meditation

Our weekly Yoga classes are held at the Yoga Shakti Mission outside in a large, beautiful, screened in pavilion in the woods of Palm Bay. Bring your own mats. Schedule subject to change.



Photo by Chris Haber

**Sunshine Lectures**  
Sundays 9 – 10 AM  
April 5 - Gita Class - 10am childrens concert to honor Mataji's birthday.  
April 12- "Surviving the War" - Yola Abdou  
April 19 - Book Study Group  
April 26- "Living in Community" - Shanti Priya  
May 3 - Gita Class - group  
May 10 - Tribute to Mothers  
May 17 - Book Study Group  
May 24 - "Tirukural, the Ethical Masterpiece of the Tamil people" - Shyama  
May 31 - Book Study Group  
June 7 - Gita Class  
June 14 - Book Study  
June 21 - Remembering Fathers' Day, Solstice and International Yoga Day  
June 28- "What You Plant Matters" - Anna Harrison  
Call 321-725-4024 for more dates and topics

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**Vegetarian International Lunches**  
First Saturday of the month. 12 Noon, Suggested Donation \$15 per person—small children free.  
Saturday April 4th - Cameroon  
Sat May 2nd - Grenada  
Sat June 6th - Puerto Rico  
Always great company and lots of delicious vegan and vegetarian food!  
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## UPCOMING EVENTS



**Sunday April 5th 10 - 11am**

Mataji's Birthday celebration with a children's concert , all are welcome!

**Kirtan Saturday April 25th 2-4pm** Please mark your calendars and plan to join us for Kirtan with Rayananda and The Wandering Sadhus, in the Yoga Shakti pavillion!



Let's attune ourselves to the sacred vibrations of the Holy Names and experience together the heart-opening ecstasy and purification of chant! Sing, Dance Re-joice, and help send vibrations of Peace & Love into the world!

The Kirtan is free and first-timers are always welcome. Love donations will support Yoga Shakti Mission and Second Harvest Food Bank

**Sacred Sound Meditation Saturday May 2nd 4-5:00pm** with Shanti Priya. Come and meditate with us and experience the soothing sounds of crystal bowls, Tibetan bells and sacred man-tra's. love donations will support the Yoga Shakti Mission

**International Yoga Day - Sunday June 21st.**

6am - Come and do Surya Namaskar outside at sunrise near the Shiva Temple details to be announced.

## RECENT EVENTS



Kirtan February 28th with Rayananda and the Wandering Sadhu's

Maha Shiva Raatri Monday February 16th

(Photos by Shyama and Rakesh)



Thanks to all who came to participate in the annual Friends of the World gathering on Sunday March 16th. There was delicious food, many interesting booths, and many talented performers from multiple cultures of the world. Lots of dancing, singing, music and celebration. It was very apparent that the World is one family Vasudhaiva Kutumbakam.



Native Taino Spring Equinox ceremony March 21st with Taino medicine man Tony Jusino. We learned so much about the beautiful Taino culture as we celebrated together. Many thanks to Tony!



photos by Elva Torres, more on next page



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More photos from "The Friends of the World" gathering on March 15th. A fun afternoon for all! All photos by Elva Torres for more pics and videos go to: <https://linkit.shutterfly.com/X7yct>

